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EMOTIONAL SALARY
BAROMETER®

JANUARY

It takes
bravery
to begin.



EMOTIONAL SALARY
BAROMETER®

January



EMOTIONAL SALARY
BAROMETER®

| SUN | MON | TUE | WED | THU | FRI | SAT |
|-----|-----|-----|-----|-----|-----|-----|
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| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

FEBRUARY

What abilities
can I make
use of to
increase my
Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

February



EMOTIONAL SALARY
BAROMETER®

SUN

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MARCH

What do I
want to
change about
my Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

March



EMOTIONAL SALARY
BAROMETER®

SUN

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APRIL

What is the
next step that
I need to take
to increase
my Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

April



EMOTIONAL SALARY
BAROMETER®

| SUN | MON | TUE | WED | THU | FRI | SAT |
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| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | | | | |

MAY

What should
I give up to
improve my
Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

May



EMOTIONAL SALARY
BAROMETER®

SUN

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JUNE

What stops
me from
wanting to get
involved in
changing my
Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

June



EMOTIONAL SALARY
BAROMETER®

SUN

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JULY

What isn't
working for
me at work?



EMOTIONAL SALARY
BAROMETER®

July



EMOTIONAL SALARY
BAROMETER®

| SUN | MON | TUE | WED | THU | FRI | SAT |
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| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| 28 | 29 | 30 | 31 | | | |

AUGUST

How do
people see
me at work?



EMOTIONAL SALARY
BAROMETER®

August



EMOTIONAL SALARY
BAROMETER®

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SEPTEMBER

What
opportunities
are knocking
on my door
to increase
my
Emotional
Salary?



EMOTIONAL SALARY
BAROMETER®

September



EMOTIONAL SALARY
BAROMETER®

SUN

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OCTOBER

What is
currently
difficult for
me in my
work?



EMOTIONAL SALARY
BAROMETER®

October



EMOTIONAL SALARY
BAROMETER®

SUN

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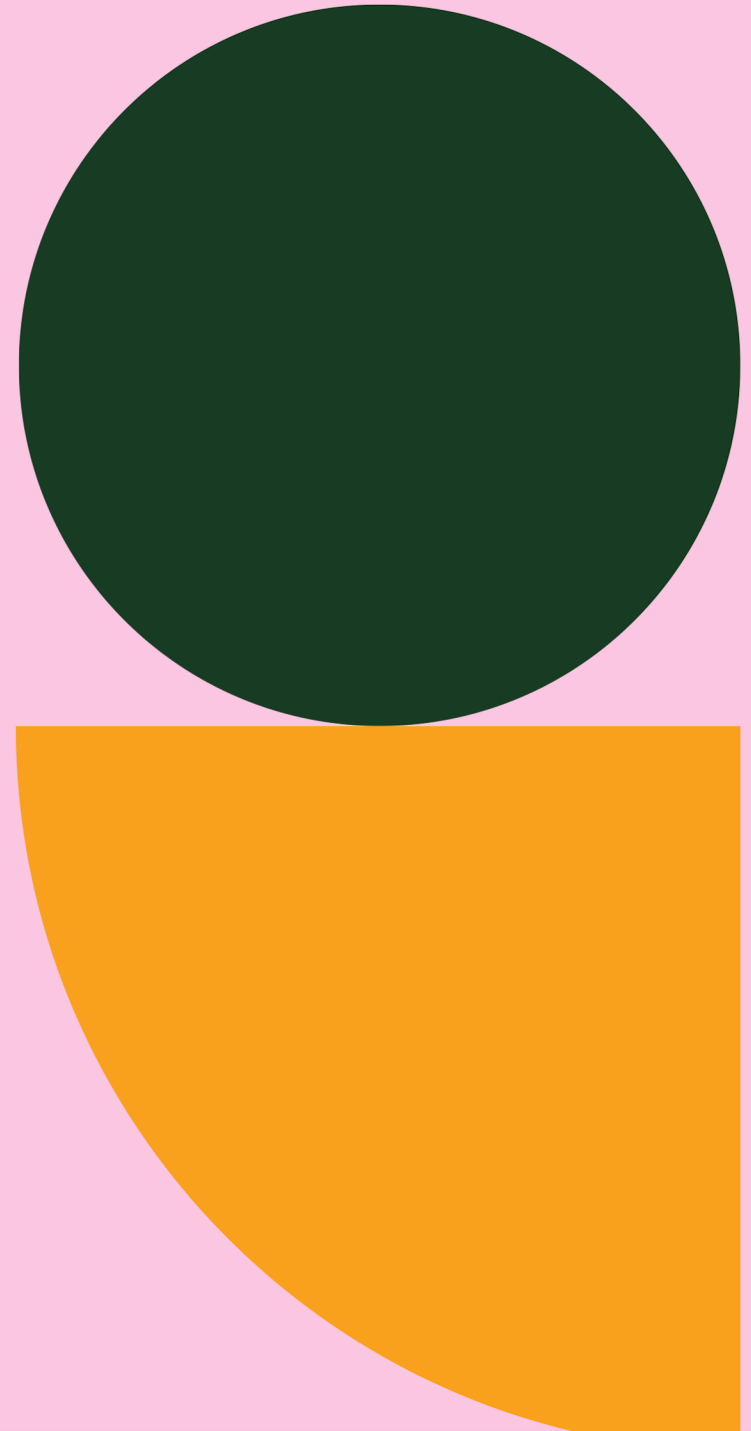
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NOVEMBER

What moves
me forward
at work?



EMOTIONAL SALARY
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November



EMOTIONAL SALARY
BAROMETER®

SUN

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DECEMBER

What do I
need to make
the time I
spend at work
time well
spent?



EMOTIONAL SALARY
BAROMETER®

December



EMOTIONAL SALARY
BAROMETER®

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